



Crossword Puzzle



Use the clues to fill in the crossword.

ACROSS

1. freedom from harm
3. a healthy fruit, often with a red skin
5. a long walk, sometimes through woods
7. a short piece of wood mounted on 4 small wheels

DOWN

2. something you do to keep fit, like run or swim
4. yummy fruit with yellow skin and that's good on cereal
5. something you wear on your head to stay safe
6. whole-grain foods have lots of this
8. a sport in which you kick a ball
9. something you do to stay healthy

